# **EMMER GREEN SURGERY** PATIENT NEWSLETTER – SEPTEMBER EDITION

# FLU SEASON 2022

We are now going into September and the Flu season is upon us! We will be vaccinating our patients who are eligible alongside their COVID vaccination (Please wait to be invited).

Flu will often get better on its own, but it can make some people seriously ill, it is important to get the flu vaccine if you are advised too. Flu symptoms can come on very quickly and can include: a sudden temperature, an aching body, feeling tired or exhausted, a dry cough,

### DR CHARLIE MARTIN BATES



"The Partners are sad to inform our patients that Dr Charlie Martin-Bates, who retired in 2012, recently died at the age of 75.

He had served the patients of Emmer Green Surgery for over 30 years and was the Senior Partner for over 12 years.

He will be sorely missed by all those who worked with him or knew him as their GP".

a sore throat, a headache, difficulty sleeping, loss of appetite, upset tummy or pain and you can also feel or be sick.

The symptoms for children can be very similar, but they can also get ear pain and appear less active.

How to treat your Flu by yourself: Rest and keep warm, take paracetamol or ibuprofen to lower your temperature to treat aches and pains. Drink plenty of water to avoid dehydration.

Try to stay at home if you have a high temperature and do not feel well enough for normal activities.

A flu vaccine is given to people who are:

65 years and over, have certain health conditions.

If you are pregnant or a carer.

The Children's nasal spray is given to 2- or 3-year old's on the 31<sup>st</sup> August 2022 (born between 1 September 2018 and 31<sup>st</sup> August 2020.

To avoid the risk of spreading the flu wash your hands often with soap and water, cover your mouth and nose with a tissue when you cough or sneeze and dispose of these tissues as quickly as possible.

#### **IMPORTANT NOTICE:**

On Wednesday 28<sup>th</sup> September the Surgery will be closed from 1pm – 5pm for essential staff training. If you require urgent medical advice during this time, please call 111 to speak to the Out of Hours Service who are covering.

### MONTHLY STATISTICS FOR AUGUST - VIA EMMER GREEN SURGERY WEBSITE

In the month of August, we had 774 repeat prescription requests.

We also had 67 New patient requests.

We offered 717 face 2 face appointments and 29 of those patients did not attend.

If you cannot make your appointment, please kindly cancel this so it can go to someone who needs it.

Thank you!

## Friends and Family August – Your recommendations!

How likely are you to recommend us to friends and family if they needed similar care or treatment? We received 115 responses in the month of August.

| Options                 | Total | Percentage |
|-------------------------|-------|------------|
| <b>Extremely Likely</b> | 82    | 71.3%      |
| Likely                  | 25    | 21.7%      |
| Neither                 | 6     | 5.2%       |
| Unlikely                | 1     | 0.9%       |
| Extremely Unlikely      | 0     | N/A        |
| Don't Know              | 1     | 0.9%       |



Here are some of your lovely comments – Thank you from all at Emmer green this really brightens our days!

"Very Efficient, considerate, and understanding to my situation"

All the staff are very knowledgeable and helpful! Nothing is ever to much!

"Extremely Patient and Kind Nurse"

"Always excellent service from all at the Surgery"

"Superb quality treatment and care given by Suna Hazar over a number of visits.

I am delighted to report her success. Thank you"

Interaction with staff, medical and administrative, pleasant, and helpful

"Best immunisation experience for my 3.3yr old. Thank you"