

EMMER GREEN SURGERY PATIENT NEWSLETTER – OCTOBER EDITION

COVID & FLU VACCINATIONS

We have had our first COVID & Flu clinic on Saturday 8th October thank you to everybody for coming along. It was a lovely sunny day, and it was nice to see all your friendly faces. We had 1060 patients booked into the clinic to vaccinate ready for the winter.



STOPTOBER IS BACK!

If you want to start breathing easier, feel an energy boost or even have a little more money to spend, there has never been a better time to stop smoking. Remember its never to late to join the thousands of people quitting this October.

Download the free NHS Quit Smoking app!

It is important to get the Covid and flu vaccine if you are advised too to keep you protected.

We will be inviting our patients in each cohort as they become eligible.

Please do not call the surgery to book an appointment as you will be contacted. This helps to keep the phone lines free for patients who need to speak to us on the day.

Please can we ask that cancel your appointment if you cannot make it. This ensures we can give this to another patient.

We look forward to seeing you at our next clinic.

From everyone at EGS!

MENTAL HEALTH

We can all suffer with our mental health, and life is full of ups and downs for us all.

Please see the link below for any expert advice, practical tips and help if your feeling stressed, anxious, low or struggling with sleep. You can even get a mind plan and see what works for you!

[Mental health issues - Every Mind Matters - NHS \(www.nhs.uk\)](http://www.nhs.uk)

MONTHLY STATISTICS FOR SEPTEMBER - VIA EMMER GREEN SURGERY WEBSITE

In the month of September, we had **741** repeat prescription requests.

We also had **51** New patient requests.

We offered **869** face 2 face appointments and **40** of those patients did not attend – PLEASE cancel your appointment so we can give this to someone else to attend.

Friends and Family September – Your recommendations!

How likely are you to recommend us to friends and family if they needed similar care or treatment?

We received 246 responses in the month of September.

Options	Total	Percentage
Extremely Likely	156	63.4%
Likely	67	27.2%
Neither	7	2.8%
Unlikely	5	2.0%
Extremely Unlikely	6	2.4%
Don't Know	5	2.0%

This means 90.6% would recommend us!



Here are some of your lovely comments – Thank you from all at Emmer green this really brightens our days!

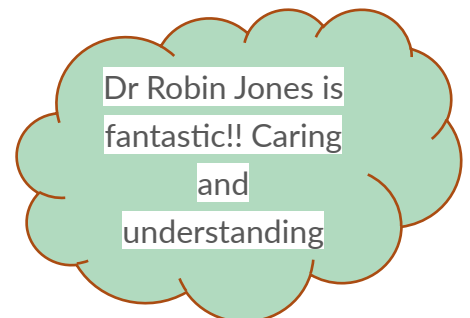
“Helpful receptionist and on-time appointment. Very friendly and competent nurse administered blood test.”

“Friendly, professional, caring Katie is fantastic”

“Dr Quinn was very understanding, caring and easy to talk to”

“We feel gratefully for being part of the Emmer Green Surgery patients for almost 18 years”.

“Caring & helpful with a sense of humour”



“We have been taken care of, by this practice for 52 years and very happy with our care”



Free Wills Month

October is free wills month. <https://freewillsmoth.org.uk/>

Free wills month brings together a group of well-respected charities to offer members of the public aged 55 and over the opportunity to have their simple wills written or updated free of charge using participating solicitors in selected locations across the UK.